

COVID-19 Local Guidelines

Reference Sources – November 1, 2022

Quick Links by Local Jurisdiction

<ul style="list-style-type: none">• CDC• Atlanta, GA• Austin, TX• Boston, MA• California• Los Angeles, CA• Cook County, IL (Chicago)• District of Columbia (DC)• Florida• Georgia• Knoxville, TN• Maryland• Miami, FL	<ul style="list-style-type: none">• Montana• New York• New York City• Ohio• Oakland County, MI• Salt Lake City, UT• San Francisco, CA• Seattle, WA• Texas• Virginia• Loudoun, Virginia• Washington
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If you need guidelines for a different jurisdiction, or have any other COVID-19 related questions, please reach out to CV19ResponseTeam@warnermedia.com.

Please note that individuals that are in their 90-day testing hold (recently recovered from COVID) should not test but monitor symptoms closely. If this individual should become symptomatic, they should take an antigen test/ seek out a physician's diagnosis.

REMEMBER: IF YOU ARE SICK, STAY HOME!



LOCATION	RESOURCE LINK	SUMMARY
CDC	<p>What to Do If You Were Exposed to COVID-19 CDC</p> <p>If You Are Sick or Caring for Someone CDC</p> <p>COVID-19 Testing: What You Need to Know CDC</p> <p>About COVID-19 CDC</p>	<p>Isolation: Symptomatic persons who test positive may discontinue isolation after 5 days from the day when the symptoms first appeared and at least 24 hours have passed since the last fever without the use of fever-reducing drugs, and symptoms have improved. If symptoms are persistent, isolation should continue through day 10.</p> <p>Asymptomatic persons who test positive may discontinue isolation after 5 days from the date of the positive test and there are still no symptoms.</p> <p>If leaving isolation earlier than 10 days, continue wearing a mask around others</p> <p>You can remove your mask if 2 negative antigen tests 48 hours apart can be provided.</p> <p>Close Contacts: Asymptomatic persons should monitor symptoms and wear high-quality mask or respirator for 10 days when around others, seek testing after at least 5 full days since exposure or sooner if symptoms develop; if test is positive, follow isolation requirements above.</p> <p>Symptomatic persons must stay home immediately until they test negative. If test is negative, continue wearing mask for 10 days when around others. Symptomatic persons who test positive or choose not to test must follow isolation requirements above.</p> <p>Individuals within their *90-days of previous infection: *Individuals after having a positive test result, may continue to test positive for some time after. Reinfections can occur within 90-days. Individual should consider a health care provider for any questions about their individual circumstances.</p> <p>30 Days or less: With symptoms: Use an antigen test, multiple tests may be required. Do not have symptoms: Test is not recommended, mask and continue to monitor for symptoms through day 10.</p> <p>31-90 Days: Symptoms: Use antigen tests, if negative, multiple tests may be necessary. Do not have symptoms: Use antigen tests. If negative, multiple tests may be necessary.</p>

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ATLANTA, GA	<p>dph.georgia.gov - QUA/ISO</p>	NO	<p>Isolation: Symptomatic persons who test positive may discontinue isolation after 5 days from the day when the symptoms first appeared and at least 24 hours have passed since the last</p>



	<p><u>Isolation Guidance (updated 8-12-22)</u></p> <p><u>Quarantine Guidance (updated 8-12-22)</u></p>		<p>fever without the use of fever-reducing drugs, and symptoms have improved.</p> <p>Asymptomatic persons who test positive may discontinue isolation after 5 days from the date of the positive test and there are still no symptoms.</p> <p>If leaving isolation earlier than 10 days, continue wearing a mask around others</p> <p>Close Contacts: Asymptomatic persons should monitor symptoms and wear high-quality mask or respirator for 10 days when around others, seek testing after at least 5 days since exposure or sooner if symptoms develop; if test is positive, follow isolation requirements above.</p> <p>Symptomatic persons must stay home immediately until they test negative. If test is negative, continue wearing mask for 10 days when around others. Symptomatic persons who test positive or choose not to test must follow isolation requirements above.</p>
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AUSTIN, TX (Travis County)	Safely Distance Due to COVID-19 AustinTexas.gov Austin COVID-19 Main Page Quarantine and Isolation Guidelines	NO	<p>Isolation: Persons who test positive and have symptoms must isolate for at least 5 days after start of symptoms. End isolation after 5 days if fever-free for 24 hours and other symptoms have improved.</p> <p>Continue to wear masks until day 10 after ending isolation.</p> <p>Persons who test positive but do not have symptoms can end isolation after 5 days from positive test.</p> <p>End isolation after 5 days if fever-free for 24 hours and other symptoms have improved. Continue to wear masks until day 10 after ending isolation.</p> <p>If symptoms arise, 5-day isolation period starts over from when symptoms begin.</p> <p>Close Contact: All persons, regardless of vaccination, who have been in close contact with COVID do not need to quarantine but must wear high-quality mask or respirator for 10 days when around others indoors, test on Day 5, and monitor for symptoms.</p> <p>If test is positive, follow isolation guidance; if negative, continue wearing high-quality mask through Day 10.</p> <p>If symptoms develop, isolate immediately and get tested; if test is positive, follow isolation guidance above.</p>



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BOSTON, MA	<p>COVID-19 Isolation and Exposure Guidance for the General Public Mass.gov</p> <p>Isolation and Quarantine Guidelines (updated as of 8/15/22)</p>	NO	<p><u>Isolation:</u></p> <p>Symptomatic persons who test positive may discontinue isolation after 5 days from the day when the symptoms first appeared and at least 24 hours have passed since the last fever without the use of fever-reducing drugs, and symptoms have improved. They should also provide a negative antigen test on Day 5 or later to exit isolation.</p> <p>Asymptomatic persons who test positive may discontinue isolation after 5 days from the date of the positive test and there are still no symptoms.</p> <p>If leaving isolation earlier than 10 days, continue wearing a mask around others until day 10.</p> <p>Masks may be removed earlier than day 10 if the person has had 2 negative tests taken 48 hours apart.</p> <p>*If the individual is unable to mask, they should isolate the full ten days.</p> <p><u>Close Contact:</u></p> <p>Asymptomatic persons should monitor symptoms and wear high-quality mask or respirator for 10 days when around others, seek testing after at least 5 days since exposure or sooner if symptoms develop; if test is positive, follow isolation requirements above.</p> <p>Symptomatic persons must stay home immediately until they test negative. If test is negative, continue wearing mask for 10 days when around others. Symptomatic persons who test positive must follow isolation requirements above.</p>



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CALIFORNIA	<p>dir.ca.gov - QUA/ISO</p> <p>Contact Tracing</p> <p>CDPH Mega Events update (effective 4/1/22)</p> <p>Cal/OSHA Updated ETS (May 2021)</p> <p>Cal/OSHA Update ETS FAQs (May 2021)</p> <p>CDPH Guidance on Quarantine and Isolation</p>	<p>YES</p> <p>Employer must determine which employees may have been exposed to COVID-19 through a close contact; provide written notification to all employees (and, if applicable, their union representatives) and independent contractors who were at the worksite at the same time as the COVID-19 case during the high risk exposure period of any potential exposures within one business day (and notifying any other employer who has potentially exposed employees in the workplace).</p>	<p>Isolation: Persons who test positive must isolate for 5 days. Persons may discontinue isolation by day 5 if their symptoms have resolved or are resolving and they test negative. Persons must continue to isolate until their fever resolves. If symptoms other than a fever persist, then persons must isolate for 10 days. Persons who do not take a test and are asymptomatic or have resolving symptoms, should isolate for 10 days. Persons must wear a mask when around others for 10 days.</p> <p>Close Contacts: *Definition updated 10/27 for everywhere in CA except SAN FRANCISCO</p> <ul style="list-style-type: none"> • In indoor spaces 400,000 or fewer cubic feet per floor (such as home, clinic waiting room, airplane, etc.), a close contact is defined as someone sharing the same indoor airspace for a cumulative total of 15 minutes or more over a 24-hour period while the case was infectious. • In large indoor spaces greater than 400,000 cubic feet per floor (such as open-floor-plan offices, warehouses, large retail stores, manufacturing, or food processing facilities), a close contact is defined as someone being within 6 feet for a cumulative total of 15 minutes or more over a 24-hour period while the case was infectious. • Spaces that are separated by floor-to-ceiling walls (e.g., offices, suites, rooms, waiting areas, bathrooms, or break or eating areas that are separated by floor-to-ceiling walls) are considered distinct indoor airspaces for purposes of the close contact determination. <p>Symptomatic persons, regardless of vaccination status or previous infection status, must immediately quarantine after close contact and get tested as soon as possible. If the result is negative, quarantine can end. If the result is positive, they must follow the isolation guidelines above.</p> <p>Asymptomatic persons, regardless of vaccination status or previous infection status, are not required to quarantine after close contact. These persons must test within 5 days of exposure, monitor for symptoms, and wear masks around other for 10 days.</p>

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LOS ANGELES COUNTY, CA	LAC DPH Workplace Best Practices to Prevent COVID-19 (lacounty.gov) CDPH Guidance on Quarantine and Isolation	YES Employer should determine who may have been a close contact to the case at the workplace. This includes assessing the case's activities and workplace locations while they were infectious. Employers should also inform all close contacts in the workplace via <u>written notice</u> of their close contact within 1 business day and should provide <u>written notice</u> of potential exposure within one business day to all employees, independent contractors, and other employers who were on the premises at the same worksite as the case during their infectious period.	Isolation: Persons who test positive must isolate for 5 days. Persons may discontinue isolation by day 5 if their symptoms have resolved or are resolving and they test negative . Persons must continue to isolate until their fever resolves. If symptoms other than a fever persist, then persons must isolate for 10 days. Persons who do not take a test and are asymptomatic or have resolving symptoms, should isolate for 10 days. Persons must wear a mask when around others for 10 days. Close Contact: *Definition updated 10/27 <ul style="list-style-type: none"> • In indoor spaces 400,000 or fewer cubic feet per floor (such as home, clinic waiting room, airplane, etc.), a close contact is defined as someone sharing the same indoor airspace for a cumulative total of 15 minutes or more over a 24-hour period while the case was infectious. • In large indoor spaces greater than 400,000 cubic feet per floor (such as open-floor-plan offices, warehouses, large retail stores, manufacturing, or food processing facilities), a close contact is defined as someone being within 6 feet for a cumulative total of 15 minutes or more over a 24-hour period while the case was infectious. • Spaces that are separated by floor-to-ceiling walls (e.g., offices, suites, rooms, waiting areas, bathrooms, or break or eating areas that are separated by floor-to-ceiling walls) are considered distinct indoor airspaces for purposes of the close contact determination. Symptomatic persons, regardless of vaccination status or previous infection status, must immediately quarantine after close contact and get tested as soon as possible. If the result is negative, quarantine can end. If the result is positive, they must follow the isolation guidelines above. Asymptomatic persons, regardless of vaccination status or previous infection status, are not required to quarantine after close contact. These persons must test within 5 days of exposure, monitor for symptoms, and wear masks around other for 10 days



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CHICAGO / COOK COUNTY, IL	Illinois Community COVID Guidelines	NO	<p>Isolation: Persons may discontinue isolation 5 days after testing positive if they no longer have a fever and are asymptomatic or symptoms have improved.</p> <p>If discontinuing isolation, persons should continue to wear a mask for 5 additional days.</p> <p>Quarantine: Asymptomatic persons should monitor symptoms and wear high-quality masks or respirator for 10 days when around others, seek testing after at least 5 days from exposure or sooner if symptoms develop; if test is positive, follow isolation requirements above.</p> <p>Symptomatic persons must stay home and seek testing immediately. If test is negative, continue wearing mask for 10 days when around others. If test is positive, follow isolation requirements above.</p>



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DISTRICT OF COLUMBIA	https://coronavirus.dc.gov/sites/default/files/dc/sites/coronavirus/page_content/attachments/COVID-19 DC Health Isolation Guidance 2022-9-19.pdf Contact Tracing Quarantine Guidance (9/19/22) Isolation Guidance (9/19/22)	<p>YES</p> <p>If a worker or patron chooses to report to the business that they tested positive, the business or designated point of contact should: notify persons who may have been exposed and provide them with education about COVID, quarantine guidance, and testing information.</p>	<p>Isolation: Persons sick with mild to moderate COVID (i.e., able to recover at home after taking over-the counter medications, no major medical intervention, no emergency room visit or hospital admission) and those with asymptomatic infection may discontinue isolation 5 days after testing positive if they test negative on Day 5 and, for those with mild to moderate COVID, they are fever-free for at least 24 hours without medications and other symptoms are improving.</p> <p>If discontinuing isolation, persons should continue to wear a mask for 5 additional days and practice social distancing from others when taking off mask.</p> <p>Persons who are unable to consistently wear mask around others must isolate for 10 days.</p> <p>*If a person has two negative antigen tests at least 48 hours apart and has completed the 5-day isolation, the person may discontinue wearing a mask before day 10.</p> <p>Close Contacts: Unvaccinated or fully vaccinated and booster-eligible but have not yet received a booster dose close contacts should quarantine for 5 days and wear a mask around others for 5 additional days. Persons should also test on day 5.</p> <p>Fully vaccinated with a booster dose close contacts or those who have had COVID within the last 90 days should wear a mask for 10 days and test on day 5.</p>



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FLORIDA	https://floridahealthcovid19.gov/treatment/ Florida COVID-19 page FL- Isolation and Quarantine Recommendations	NO	<p>Isolation: Persons who test positive and have symptoms must isolate for at least 5 days after start of symptoms. End isolation after 5 days if fever-free for 24 hours and other symptoms have improved.</p> <p>No need to wear face masks for 5 days after ending isolation.</p> <p>Persons who test positive but do not have symptoms can end isolation after 5 days from positive test.</p> <p>End isolation after 5 days if fever-free for 24 hours and other symptoms have improved.</p> <p>No need to wear face masks for 5 days after ending isolation.</p> <p>Close Contacts: All close contacts, regardless of vaccination or booster status, should monitor symptoms for 10 days.</p> <p>No need to wear face masks during the 10 days following exposure.</p> <p>If symptoms develop or if test is positive, isolate per the isolation requirements above</p>



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GEORGIA	https://dph.georgia.gov/dph-covid-19-guidance <u>Isolation Guidance (updated 8-12-22)</u> <u>Quarantine Guidance (updated 8-12-22)</u>	NO	<p>Isolation:</p> <p>Symptomatic persons who test positive may discontinue isolation after 5 days from the day when the symptoms first appeared and at least 24 hours have passed since the last fever without the use of fever-reducing drugs, and symptoms have improved.</p> <p>Asymptomatic persons who test positive may discontinue isolation after 5 days from the date of the positive test and there are still no symptoms.</p> <p>If leaving isolation earlier than 10 days, continue wearing a mask around others</p> <p>Close Contacts:</p> <p>Asymptomatic persons should monitor symptoms and wear high-quality mask or respirator for 10 days when around others, seek testing after at least 5 days since exposure or sooner if symptoms develop; if test is positive, follow isolation requirements above.</p> <p>Symptomatic persons must stay home immediately until they test negative. If test is negative, continue wearing mask for 10 days when around others. Symptomatic persons who test positive or choose not to test must follow isolation requirements above.</p>



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KNOXVILLE, TN	Business Guidance - COVID-19 - Health Department - Knox. TN Gov Isolation and Precautions for People with COVID-19 CDC Understanding Exposure Risks CDC	NO	<p>Isolation: Persons who test positive may discontinue isolation after 5 days if they remain asymptomatic or their symptoms are resolving after 5 days.</p> <p>If leaving isolation earlier than 10 days, continue wearing a mask around others.</p> <p>Close Contact: Asymptomatic persons should monitor symptoms and wear high-quality masks or respirator for 10 days when around others, seek testing after at least 5 days from exposure or sooner if symptoms develop; if test is positive, follow isolation requirements.</p> <p>Symptomatic persons must stay home and seek testing immediately. If test is negative, continue wearing mask for 10 days when around others. If test is positive, follow isolation requirements</p>



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MIAMI, FL	miamidade.gov - QUA/ISO https://floridahealthcovid19.gov	<p>YES</p> <p>Recommends that employer a log of workers and attendees to support contact tracing (name, date, time, contact information). Recommends that employer retrace the activities of the infected employee and notify any co-workers who might have had contact with that person in the days before the diagnosis.</p>	<p>Isolation:</p> <p>Persons who test positive and have symptoms must isolate for at least 5 days after start of symptoms. End isolation after 5 days if fever-free for 24 hours and other symptoms have improved. No need to wear face masks for 5 days after ending isolation.</p> <p>Persons who test positive but do not have symptoms can end isolation after 5 days from positive test.</p> <p>End isolation after 5 days if fever-free for 24 hours and other symptoms have improved.</p> <p>No need to wear face masks for 5 days after ending isolation.</p> <p>Close Contact:</p> <p>All close contacts, regardless of vaccination or booster status, should monitor symptoms for 10 days.</p> <p>No need to wear face masks during the 10 days following exposure.</p> <p>If symptoms develop or if test is positive, isolate per the isolation requirements above.</p>



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MARYLAND (Montgomery County)	State Isolation Guidance Montgomery County Isolation and Quarantine Guidance	NO	<p>Isolation:</p> <p>Symptomatic persons and those who test positive may discontinue isolation after 5 days from the day when the symptoms first appeared and at least 24 hours have passed since the last fever without the use of fever-reducing drugs, and symptoms have improved.</p> <p>Asymptomatic persons who test positive may discontinue isolation after 5 days from the date of the positive test and there are still no symptoms.</p> <p>If leaving isolation earlier than 10 days, continue wearing a mask around others. If unable to wear mask, remain in isolation through Day 10.</p> <p>Close Contact:</p> <p>Asymptomatic persons who are not up to date on vaccination should quarantine for 5 days, get tested on Day 5 or sooner if symptoms develop, and if the result is negative or cannot get a test, end quarantine but continue wearing masks around others until Day 10. If test is positive, follow isolation requirements above.</p> <p>Asymptomatic persons who are up to date on vaccination should monitor symptoms and wear masks for 10 days when around others; seek testing after at least 5 days since exposure or sooner if symptoms develop; if test is positive, follow isolation requirements above.</p> <p>Those who have had COVID within the last 90 days should monitor symptoms, wear masks for 10 days when around others, and test if symptoms develop.</p>



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MONTANA	dphhs.mt.gov - QUA/ISO Isolation Guidelines Quarantine Guidelines	NO	<p>*Follows CDC Guidance</p> <p>Isolation: Stay home for at least 5 days, day 0 being date of symptom improving and fever free (for 24 hrs.), If symptoms persist, continue isolation through Day 10.</p> <p>Mask on site through Day 10.</p> <p>If the employee provides to negative tests at least 48 hours apart, they can remove their mask before day 10. If positive, continue masking.</p> <p>If after ending isolation their symptoms worsen, they should test and re-isolate if necessary.</p> <p>Close Contacts: Monitor symptoms and mask onsite for 10-days. Test on day 5 from exposure.</p> <p>If symptoms develop, quarantine and test immediately. If test is negative but still symptomatic, consider another test in 24-48 hours.</p>



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NEW YORK	<p>coronavirus.health.ny.gov - QUA/ISO</p> <p>Quarantine and Isolation Guidance (5-31-22)</p> <p>NY Implementing CDC Guidance</p>	<p>NO *NYC YES, please see below-</p> <p>Positive individual is responsible for notifying their close contacts.</p>	<p>Isolation: Persons may end isolation after 5 days from positive test for asymptomatic persons. If symptoms begin after testing positive for asymptomatic persons, restart 5-day isolation from symptom onset. Continue to wear mask for 5 days after ending isolation.</p> <p>Symptomatic persons may end isolation after 5 days from onset of symptoms if they are fever-free for 24 hours without the use of fever-reducing medication and other symptoms have improved. Continue to wear mask for 5 days after ending isolation.</p> <p>Close Contacts: Unvaccinated or fully vaccinated and booster-eligible but have not yet received a booster dose close contacts should quarantine for 5 days and wear a mask around others for 5 additional days. Monitor symptoms for 10 days. Persons should also test on day 5--if test result is negative, end quarantine; if positive, isolate for at least 5 days and follow isolation requirements above.</p> <p>Close contacts who are fully vaccinated with a booster dose, fully vaccinated but not yet eligible for a booster, or recovered from COVID within the last 90 days should wear a mask for 10 days and test on day 5 (no testing required for those who recently recovered from COVID and remain symptom free).</p> <p>If test is positive or symptoms develop, isolate per the isolation requirements above.</p>



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<p>NYC</p>	<p>Contact Tracing</p> <p>1.nyc.gov - QUA/ISO</p> <p>https://www1.nyc.gov/assets/doh/downloads/pdf/covid-19-reopening-cases-workplace.pdf</p>	<p>YES</p> <p>If staff member tests positive for COVID-19, determine whether they in the workplace and identify close contacts. Notify close contacts of the exposure.</p>	<p>Isolation:</p> <p>Persons may end isolation after 5 days from positive test for asymptomatic persons. If symptoms begin after testing positive for asymptomatic persons, restart 5-day isolation from symptom onset.</p> <p>Continue to wear mask for 5 days after ending isolation.</p> <p>Symptomatic persons may end isolation after 5 days from onset of symptoms if they are fever-free for 24 hours without the use of fever-reducing medication and other symptoms have improved.</p> <p>Continue to wear mask for 5 days after ending isolation.</p> <p>Close Contacts:</p> <p>Unvaccinated or fully vaccinated and booster-eligible but have not yet received a booster dose close contacts should quarantine for 5 days and wear a mask around others for 5 additional days. Monitor symptoms for 10 days. Persons should also test on day 5--if test result is negative, end quarantine; if positive, isolate for at least 5 days and follow isolation requirements above.</p> <p>Close contacts who are fully vaccinated with a booster dose, fully vaccinated but not yet eligible for a booster, or recovered from COVID within the last 90 days should wear a mask for 10 days and test on day 5 (no testing required for those who recently recovered from COVID and remain symptom free). If test is positive or symptoms develop, isolate per the isolation requirements above.</p>



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OAKLAND COUNTY, MI	Infection and Exposure Sick / Caring for Someone (oakgov.com)	NO	<p>Isolation: Persons infected with COVID should isolate for 5 days (day 0 is the onset of symptoms or positive test) If symptoms have improved or no symptoms developed, persons may leave isolation after day 5.</p> <p>If discontinuing isolation, persons should continue to wear a mask for 5 additional days and practice social distancing from others when taking off mask.</p> <p>Persons who are unable to consistently wear mask around others must isolate for 10 days.</p> <p>*If a person has two negative antigen tests at least 48 hours apart and has completed the 5-day isolation, the person may discontinue wearing a mask before day 10.</p> <p>Close Contact: Close contacts should monitor symptoms closely and wear a mask on site for ten days following exposure (Day 0 being the exposure date).</p> <p>Close contacts should also test on day 5 after exposure and if symptoms develop.</p>



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OHIO	https://odh.ohio.gov/media-center/odh-news-releases/odh-news-release-12-30-21 https://coronavirus.ohio.gov/static/docs/covid-19-guidance-quarantine.pdf	NO	<p>Isolation:</p> <p>Symptomatic persons who test positive may discontinue isolation after 5 days from the day when the symptoms first appeared and at least 24 hours have passed since the last fever without the use of fever-reducing drugs, and symptoms have improved. If symptoms are persistent, isolation should continue through day 10.</p> <p>Asymptomatic persons who test positive may discontinue isolation after 5 days from the date of the positive test and there are still no symptoms.</p> <p>If leaving isolation earlier than 10 days, continue wearing a mask around others</p> <p>You can remove your mask if 2 negative antigen tests 48 hours apart can be provided.</p> <p>Close Contacts:</p> <p>Asymptomatic persons should monitor symptoms and wear high-quality mask or respirator for 10 days when around others, seek testing after at least 5 full days since exposure or sooner if symptoms develop; if test is positive, follow isolation requirements above.</p> <p>Symptomatic persons must stay home immediately until they test negative. If test is negative, continue wearing mask for 10 days when around others. Symptomatic persons who test positive or choose not to test must follow isolation requirements above.</p>



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SALT LAKE CITY, UT	https://coronavirus.utah.gov/protect-yourself/ Contact Tracing https://ualhd.org/QuarantineGuidelines(8-25-22)	NO *No standing mandate, but employers should be prepared to help the health department with contact tracing or be able to do contact tracing on their own.	<p>Isolation: Persons may discontinue isolation 5 days after testing positive if asymptomatic, or at least 24 hours have passed since the last fever without the use of fever-reducing drugs, and symptoms have improved.</p> <p>If discontinuing isolation, persons should continue to wear a mask for 5 additional days. If they become symptomatic after the ending of a 5-day isolation, they should reisolate.</p> <p>Close Contact: Asymptomatic persons should monitor symptoms and wear high-quality mask or respirator for 10 days when around others, seek testing after at least 5 days since exposure or sooner if symptoms develop; if test is positive, follow isolation requirements above.</p> <p>Symptomatic persons must stay home immediately until they test negative. If test is negative, continue wearing mask for 10 days when around others. Symptomatic persons who test positive or choose not to test must follow isolation requirements above.</p>



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<p>SAN FRANCISCO, CA</p>	<p>https://sf.gov/youve-had-close-contact-or-positive-test</p> <p>Quarantine Guidelines</p>	<p>YES</p> <p>https://sf.gov/step-by-step/what-do-if-someone-work-has-covid-19</p> <p>Employers must make a list of close contacts and tell them they were exposed.</p>	<p>Isolation: Persons who test positive must isolate for 5 days. Persons may discontinue isolation by day 5 if their symptoms have resolved or are resolving and they test negative. Persons must continue to isolate until their fever resolves. If symptoms other than a fever persist, then persons must isolate for 10 days. Persons who do not take a test and are asymptomatic or have resolving symptoms, should isolate for 10 days. Persons must wear a mask when around others for 10 days.</p> <p>Close Contact: <i>*An individual who has been indoors for 15 mins or more (even if everyone was masked) with a person known to have Covid.</i></p> <p>Symptomatic persons, regardless of vaccination status or previous infection status, must immediately quarantine after close contact and get tested as soon as possible. If the result is negative, quarantine can end. If the result is positive, they must follow the isolation guidelines above. Wear a mask for 10 days.</p> <p>Close contacts without symptoms are recommended to quarantine per the state order regardless of vaccination status unless the person had COVID in the prior 90 days; test within 3-5 days after exposure and isolate if the test comes back positive; wear mask for 10 days.</p> <p>Persons with COVID symptoms without a close contact are recommended to follow the state’s isolation procedures pending a test (consider retesting 1-2 days if tested during the first 1-2 days of symptoms); follow isolation requirements if test comes back positive; isolate for 10 days after symptom onset if choosing not to test; wear mask for 10 days.</p>



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SEATTLE	kingcounty.gov - QUA/ISO	YES	<p>Isolation: Persons who test positive may discontinue isolation after 5 days if they remain asymptomatic or their symptoms are resolving and they are fever free for 24 hrs after 5 days.</p> <p>If leaving isolation earlier than 10 days, continue wearing a mask around others.</p> <p>Close Contacts:</p> <p>Symptomatic persons who test positive may discontinue isolation after 5 days from the day when the symptoms first appeared and at least 24 hours have passed since the last fever without the use of fever-reducing drugs, and symptoms have improved.</p> <p>Asymptomatic persons who test positive may discontinue isolation after 5 days from the date of the positive test and there are still no symptoms.</p> <p>If leaving isolation earlier than 10 days, continue wearing a mask around others</p>



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TEXAS	https://www.dshs.texas.gov/coronavirus/faq.aspx#ifsick	NO	<p>*Refers to CDC Guidance</p> <p>Isolation: Asymptomatic persons may end isolation after day 5 since positive test. If symptoms develop, restart isolation. Continue wearing mask through day 10, unless two sequential negative antigen tests taken 48 hours apart come back negative, after which there would be no need for masks.</p> <p>Symptomatic persons may end isolation after day 5 since symptom onset if fever-free for 24 hours (without the use of fever-reducing medication) and other symptoms are improving. Continue wearing mask through day 10, unless two sequential negative antigen tests taken 48 hours apart come back negative, after which there would be no need for masks. However, if illness was moderate (e.g., shortness of breath or difficulty breathing) or severe (e.g., hospitalized), or the person has a weakened immune system, isolate through day 10. If illness was severe, consult doctor before ending isolation.</p> <p>Close Contacts: All persons, regardless of vaccination, who have been in close contact with COVID do not need to quarantine but must wear high-quality mask or respirator for 10 days when around others indoors, test on Day 5, and monitor for symptoms. If test is positive, follow isolation guidance; if negative, continue wearing high-quality mask through Day 10.</p> <p>If symptoms develop, isolate immediately and get tested; if test is positive, follow isolation guidance above.</p>



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VIRGINIA	<p><u>Face Covering and Social Distancing (7-11-22)</u></p> <p><u>Quarantine Guidance</u></p> <p><u>Isolation Guidance</u></p> <p><u>VA DOLI Guidance for Employers</u></p>	<p>*NO</p> <p>*Legacy Discovery continue contact tracing at Sterling as a business decision regardless of local jurisdiction requirements.</p>	<p><u>Isolation:</u> Persons who test positive may discontinue isolation after 5 days if they remain asymptomatic or their symptoms are resolving after 5 days.</p> <p>If leaving isolation earlier than 10 days, continue wearing a mask around others through Day 10.</p> <p>If symptoms develop within 10 days of when you were tested, the clock restarts to day) on the day of symptom onset.</p> <p><u>Close Contacts:</u> Asymptomatic persons should monitor symptoms and wear high-quality masks or respirator for 10 days when around others, seek testing after at least 5 days from exposure or sooner if symptoms develop; if test is positive, follow isolation requirements above.</p> <p>Symptomatic persons must stay home and seek testing immediately. If test is negative, continue wearing mask for 10 days when around others. If test is positive, follow isolation requirements above.</p>



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LOUDOUN, VIRGINIA	Virginia.Gov-COVID Isolation Guidance	<p>*NO</p> <p>*Legacy Discovery continue contact tracing at Sterling as a business decision regardless of local jurisdiction requirements.</p>	<p>*Refers to CDC Guidance- Close Contacts Follows Virginia State guidance.</p> <p><u>Isolation:</u> Persons who test positive may discontinue isolation after 5 days if they remain asymptomatic or their symptoms are resolving after 5 days.</p> <p>If leaving isolation earlier than 10 days, continue wearing a mask around others through Day 10.</p> <p><u>Close Contacts:</u> Asymptomatic persons should monitor symptoms and wear high-quality masks or respirator for 10 days when around others, seek testing after at least 5 days from exposure or sooner if symptoms develop; if test is positive, follow isolation requirements above.</p> <p>Symptomatic persons must stay home and seek testing immediately. If test is negative, continue wearing mask for 10 days when around others. If test is positive, follow isolation requirements above.</p>



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WASHINGTON	<p>doh.wa.gov - QUA/ISO</p> <p>https://www.lni.wa.gov/agency/outreach/coronavirus/requirements-and-guidance-for-preventing-covid-19</p> <p>https://doh.wa.gov/sites/default/files/2022-02/COVIDExposed.pdf?uid=630660092f810</p>	<p>YES</p> <p>The employer should identify close contacts in the workplace to provide guidance and notify all employees and the employers of subcontracted employees of potential exposure to COVID-19.</p>	<p>For symptomatic persons:</p> <ul style="list-style-type: none"> o Immediately isolate from others and get tested regardless of vaccination status. If the test is positive, follow isolation procedures (which remain the same). If test is negative, stay home until fever subsides within the past 24 hours without using fever-reducing medication and symptoms have significantly improved. o Retest every 24-48 hours through at least 5 days after symptom onset. If exposed person gets a negative result on a test at least 5 days after symptom onset and the person is still concerned about having COVID-19, the person may choose to test again using an antigen test, consider getting a laboratory molecular-based test, or call their healthcare provider. o 10 days after symptom onset, wear a high-quality mask or respirator around others even after ending quarantine. <p>For asymptomatic persons:</p> <ul style="list-style-type: none"> o Test 2-5 days after exposure regardless of vaccination status. If test is positive, follow isolation procedures above. If test is negative, wear a high-quality mask or respirator around others and monitor for symptoms for 10 days following exposure. If symptoms develop, get tested and follow the guidance for symptomatic persons after exposure above. o Exposed person may choose to take a second antigen test 24-48 hours after first negative test. If second test is negative again, exposed person may take another antigen test 24-48 hours after the second negative test. If concerns persist after the third antigen test, exposed person may choose to test again using an antigen test, consider getting a laboratory molecular-based test, or call their healthcare provider.